

**THURMONT SENIOR CENTER AUGUST 2021 MENU**

AUGUST 2021						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2 Roasted Turkey Dressing Gravy Broccoli Cranberry Gel Dessert	3 "Meet, Great & Eat" free lunch day Hot Dog Baked Beans Cole Slaw Potato Chips Dessert	4 Fried Chicken Macaroni & Cheese Green Beans Bread Dessert	5 Chicken Soup of the Day & Crackers 2 Chicken Salad Sandwiches on Small Slider Rolls Tossed Salad Dessert	6 Meatloaf Mashed Potatoes Gravy Beets Bread Dessert	7 If you are not vaccinated please think of others and wear a mask. If you are vaccinated it is up to you whether you wear a mask or not. We want you to feel safe. If you feel sick at all please stay home. Thanks.
8	9 Sliced Ham Cabbage & Potatoes Carrots Bread Dessert	10 Pork Roast Dressing Gravy Peas Dessert	11 Spaghetti Tossed Salad Garlic Bread Dessert	12 Roasted Turkey Mashed Potatoes Gravy Cranberry Gel Bread Dessert	13 Baked Chicken Stewed Tomatoes Baked Potatoes Bread Dessert	14
15	16 Beef BBQ on a large sandwich roll Macaroni & Cheese Applesauce Dessert	17 Salisbury Steak Scalloped Potatoes Broccoli Bread Dessert	18 Fried Chicken Potato Salad Coleslaw Bread Dessert	19 Creamed Chicken on 2 Biscuits Green Beans Dessert	20 Veg. Beef Soup & Crackers 2 Ham Salad Sandwiches on Small Slider Rolls Fruit Cocktail Dessert	21
22	23 Chicken Soup of the Day & Crackers 2 Chic. Salad Sandwiches on Small Slider Rolls Broccoli Salad Dessert	24 Baked Chicken Baked Beans California Blend Bread Dessert	25 Lasagna Tossed Salad Garlic Bread Dessert	26 Pork BBQ on a Large Sandwich Roll Baked Beans Coleslaw Dessert	27 Roast Beef Mashed Potatoes Gravy Carrots Bread Dessert	28
29	30 Pork Roast Dressing Gravy Sauerkraut Dessert	31 Veg. Beef Soup & Crackers 2 Egg Salad Sandwiches on Small Slider Rolls Tossed Salad Dessert	<p align="center">See the Events Calendar on the other side including all the special events for our Welcome Back week, Aug. 2 through 6.</p> <p align="center"><b>WELCOME BACK! WE MISSED YOU!</b></p> <p align="center">Don't forget to call at least 24hrs. before to order lunch to 301-271-7911.</p>			

THURMONT SENIOR CENTER, 806 E. MAIN STREET, THURMONT, MD 21788, 301-271-7911, [thurmontseniorcenter@zoho.com](mailto:thurmontseniorcenter@zoho.com), also on Facebook, and on the web at [thurmontseniorcenter.org](http://thurmontseniorcenter.org) Open M-F 9:00am. to 3:00p.m. Lunch served at 12 Noon M-F for \$6.00. Call 24hrs. in advance to order. **PLEASE SEE OUR CALENDAR OF EVENTS ON THE REVERSE SIDE.** Overflow parking is located behind the Police Station (follow the paved path to our parking lot), out front on the street & across the street at the school. Call for more information on any event to the center 301-271-7911. We provide rides for homebound seniors within a 6 mile radius for doctors/dentists appointments in Thurmont, grocery store, hair dresser, etc. & we deliver carryout lunches for \$6.00 ea. for homebound seniors within 6 miles. Call the center for details.