

THURMONT SENIOR CENTER OCTOBER 2021 MENU

OCTOBER 2021						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
					1 Meatloaf Mashed Potatoes & Gravy Corn Bread Dessert	2
3	4 Baked Ham Cabbage & Potatoes Carrots Bread	5 Salisbury Steak Scalloped Potatoes Peas Bread	6 Fried Chicken Mashed Potatoes & Gravy Green Beans Bread	7 Beef BBQ on a Large Sandwich Roll Baked Beans Coleslaw	8 Roast Beef & Gravy Baked Potatoes Broccoli Bread Dessert	9
10	11 Baked Chicken Corn Nuggets California Blend Bread	12 Vegetable Beef Soup 2 Ham Salad Sandwiches on Small Slider Rolls Tossed Salad	13 Spaghetti Tossed Salad Garlic Bread	14 Creamed Chicken on Biscuits Peas Applesauce	15 Roasted Turkey Mashed Potatoes & Gravy Green Beans Bread Cranberry Gel	16
17	18 Pork Roast Stuffing & Gravy Sauerkraut Applesauce	19 Chicken Soup of the Day 2 Chicken Salad Sandwiches on Small Slider Rolls Tossed Salad	20 Roast Beef Mashed Potatoes & Gravy Green Beans Bread	21 Baked Ham Baked Macaroni & Cheese Broccoli	22 Meatloaf Baked Potatoes California Blend Bread	23
24	25 Baked Ziti Garlic Bread Tossed Salad	26 Salisbury Steak Scalloped Potatoes Beets	27 Fried Chicken Baked Macaroni & Cheese Broccoli	28 Pork BBQ on a Large Sandwich Roll Coleslaw Baked Potato	29 Baked Chicken Potato Salad Tossed Salad	30
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Overflow parking is located behind the Police Station (follow the paved path to our parking lot), out front on the street & across the street at the school. Call for more information on any event to the center 301-271-7911. We provide rides for homebound seniors within a 6 mile radius for doctors/dentists appointments in Thurmont, grocery store, hair dresser, etc. & we deliver carryout lunches for \$6.00 ea. for homebound seniors within 6 miles. Call the center for details. **REMEMBER IF FRED. COUNTY SCHOOLS ARE CLOSED DUE TO BAD WEATHER, WE ARE CLOSED. IF THEY OPEN LATE THEN WE OPEN ON TIME AT 9:00A.M.**