

THURMONT SENIOR CENTER AUGUST 2022 MENU

AUGUST 2022						
Sun	Mon	Tue	Wed	Thu	Fri	Sat
	1 Hot Turkey Sandwich Mashed Potatoes	2 Fried Shrimp Extra Crispy Fries Fruit Cup	3 Fried Chicken Macaroni Salad Potato Salad Bread	4 Cheese Ravioli Salad Bread	5 Meatloaf Mashed Potatoes Stewed Tomatoes Dessert	6
7	8 2 pc. Broasted Chicken Browned Potatoes Corn	9 Meatball & Cheese Sub Chips Applesauce	10 Spaghetti Tossed Salad Applesauce Garlic Bread	11 Chicken Alfredo Salad Bread Dessert	12 Pulled Pork Sandwich Coleslaw Potato Chips Dessert	13
14	15 Salmon Cake Sandwich Macaroni Salad	16 Cheeseburger Salad w/ House Dressing	17 Fried Chicken Baked Macaroni & Cheese Broccoli	18 <i>Rockys is Closed</i> Chicken Noodle Soup Chicken Cheese Melt Sandwich Chips Dessert	19 Breaded Fish Mac and Cheese Lima Beans Dessert	20
21	22 Baked Ham Scallop Potatoes Green Beans	23 Crabcake Sandwich Extra Crispy Fries Fruit Cup	24 Roast Turkey Mashed Potatoes/Gravy Cranberry Gel Bread	25 <i>Rocky's is Closed</i> Tomato Soup Grilled Cheese Sandwich Chips Dessert	26 Steam Burger Extra Crispy French Fires Applesauce Dessert	27
28	29 2 pc Broasted Chicken Potato Salad Coleslaw	30 Ham and Cheese Pretzel Melt Chips Applesauce	31 Spaghetti Tossed Salad Applesauce Garlic Bread			

THURMONT SENIOR CENTER, 806 E. MAIN STREET, THURMONT, MD 21788, 301-271-7911, thurmontseniorcenter@zoho.com, also on Facebook, Open M-F 9:00am. to 3:00p.m. Lunch served at 12 Noon M-F for \$6.00. PLEASE SEE OUR EVENTS CALENDAR ON THE REVERSE SIDE. Overflow parking is located behind the Police Station (follow the paved path to our parking lot), out front on the street & across the street at the school. Call for more information on any event to the center 301-271-7911. We provide rides for homebound seniors within a 6 mile radius for doctors/dentists appointments in Thurmont, grocery store, hair dresser, etc. & we deliver carryout lunches for \$6.00 ea. for homebound seniors within 6 miles. Call the center for details. REMEMBER IF FRED. COUNTY SCHOOLS ARE CLOSED DUE TO SLIPPERY ROADS WE ARE CLOSED. IF SCHOOLS ARE DELAYED WE OPEN ON TIME.