

## September Calendar of Events

1-11:15 Balance and Strength Class  
1-1:00 Cards & Games  
2-10:15 ZUMBA Gold  
2-1:00 Cards & Games  
5-CENTER CLOSED LABOR DAY  
6-10: Coffee and Chat  
6-11:15 Balance & Strength  
7-11:15 Balance & Strength  
7- 1:00 50/50 BINGO  
8-11:15 Balance and Strength Class  
8- 1:00 BUNKO  
8-1:00 Games and Cards  
8- 5-8 pm Fundraiser and Bake Sale at Roy Rogers. MENTION TSC inside or drive thru  
9- 10:15 ZUMBA Gold  
9-1:00 Cards & Games  
12- 9:30 Yoga with Jon Phebus  
12-11:15 Balance and Strength Class  
13-11:00 Knitting & Crocheting group  
13-11:15 Balance and Strength Class  
13-11:00 Bridge  
14- Lunch Served Board Meeting Center closes after lunch  
14-11:00 Bridge  
15-10:30 Seated massage with Marie Free \$1.00 a minute  
15-11:15 Balance & Strength Class  
15-12:30 Monthly Birthday Party-with Special Music  
16- 10:15 ZUMBA Gold  
16-1:00 Cards & Games  
19- 9:30 YOGA  
19- 10:00 Monthly Blood Pressure Check with Thurmont Ambulance Co  
20- 10:00 Coffee& Chat  
20- 11:15 Balance and Strength Class  
20- 1:00 Cards & Games  
20- 1:00 Crafting Fun with Pauline's Pals  
21-11:15 Balance & Strength Class  
21- 1:00 50/50 BINGO  
22- 11:15 Balance & Strength Class  
22-1:00 FARKLE  
22-1:00 Games and Cards  
23-10:15 ZUMBA Gold  
26-9:30 YOGA with Jon Phebus  
26-11:15 Balance & Strength Class  
27- 10:00 Coffee & Chat  
27-11:00 Bridge  
27-11:15 Balance & Strength Class  
27-1:00 Cards & Games  
28-11:00 Bridge  
28- 11:15 Balance & Strength Class  
29-11:15 Balance & Strength Class  
29-1:00 Games and Cards  
30-10:15 ZUMBA Gold  
30-1:00 Games and Cards